

“.....what needs to change is our perception of time, and how we manage our time, both personally and professionally.”

VANTAGE GROUP

“TIME STRATEGIES. MANAGING YOUR TIME”

– 6 GROUP COACHING SESSIONS

As a result of this Time Strategies process you will be able to determine that each day will be invested in those activities that will return the personal and professional rewards you desire. The 6 group sessions held over 3 months will include such topics as:

- Getting organized
- The 3 D's
- Goal Setting
- Reacting vs acting
- Investing your time
- Stress management
- Procrastination
- And much, much, more!!!

KICK-OFF DATE: TBD. The 6 sessions will be scheduled about 2 weeks apart and at a time that works for all participants.

PLACE: Martinsville

TOTAL INVESTMENT: “Pay as you go” \$195 a month (3 months) plus materials! Group coaching offers networking and feed-back with others in the group plus unlimited consultations with the facilitator!

Kim B. Stoneking, CBC, CAE (Coach K) is the owner of Vantage Group. As a Certified Business Coach and Innermetrix Consultant, he specializes in corporate, executive, and individual coaching, partnering with clients to help them accelerate profitability and success by achieving greater potential. Kim has more than 20 years' experience in strategic planning, coaching & mentoring.



-Register Today-

Name: _____

Company: _____

Email: _____

Phone: _____

* Yes, invoice me \$195 for the cost of materials to the email address provided.

Reserve your spot! Return to kim@vantage-group.net